

THE APPLETON SCHOOL: PE CLUBS – Jan - Feb 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School 07:45 – 08:30	Year 7/8 Basketball (AS/SJR) High Jump in gym (MF)	Cross-Country (MF) Badminton (NAB/JS) Gymnastics (KSB)	High Jump in gym (MF) Year 7/8 Rugby (JES/AS) Year 7/8 Girls Basketball (JS/KSB) Senior Basketball (SJR)	Cross Country (MF) Year 7/8 Cricket Nets (SJR/JES) Year7 Netball (JS)	Indoor Hurdles (MF/SJR) Year 7/8 Trampoline (KSB/AS)
Lunch 13:15 - 13:55	Year 10/11 Basketball (JES/SJR)	Table Tennis (SJR) Year 9 Basketball (MF)	Shot Putt in gym (MF) Year 7/8 Basketball (JES/AS)	Table Tennis (SJR) Shot Putt in sports hall (AS)	Shot Putt in gym (AS) Year 9 Basketball (MF)
After School	Cross-Country (IP) GCSE PE Intervention (Invite only) AS/SP Year 10 Football (SR)	Year 7/8/9 Hockey (NB/JS) Year 9 Rugby (MF) Gym Squad (KSB)	Year 9 Football (MF) Senior Trampoline (KAB) Year 11 Football (CE) Year 7/8 Basketball (SJR/AS)	Year 8/9 Netball (JS) Gym squad (KSB) Year 9 Basketball (MF) Year 8 Football (AS) Year 7 Rugby (SJR/JES)	Athletics Fitness Prep Circuit training (MF) Year 7 Football (SJR)

***PLEASE NOTE THAT ALL AFTER SCHOOL CLUBS ARE DEPENDANT ON FIXTURES THAT EVENING. PLEASE CHECK WITH THE PE DEPARTMENT ON A WEEKLY BASIS.**