

THE APPLETON SCHOOL: PE CLUBS – Easter - June 2019

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Before School 07:45 – 08:30</b>	Shot Putt (SJR) Discus (TCD) High Jump (MF)	Track Running (MF) Badminton (TK) Discus/Shot (TCD) Trampoline yr7/8 (KSB/NAB)	Year 7/8/9 Cricket (MF/TK) High Jump (JS) Long/Triple Jump (NAB)	Javelin (TCD) Long/Triple Jump (MF) Discus/Shot (SJR) Trampoline yr9/10 (KSB)	Year 7/8/9 Cricket (SJR/TK)
<b>Lunch 13:15 - 13:55</b>	Mat Ball League ( <b>girls only</b> ) JS/TCD	Cricket all years (SJR/TK)	Shot Putt gym (MF) Cricket yr7/8 (SJR)	Shot Putt gym (TCD/TK)	Shot Putt gym (SJR) Basketball yr10/11 (MF)
<b>After School</b>	Track running (IP) Rounders yr8/9/10 (NAB/JS) GCSE PE Intervention (MF/KSB/SP) Yr12 BTEC intervention (SJR/TCD/TK)	Sprint running (JS) Distance running (SJR) Hurdles (TCD) Hammer/Discus (MF) Long/Triple Jump (SPP) Javelin (TK) Shot (NAB) High Jump (KSB)	Badminton (TK) Hammer (MF) Rounders yr7/8 girls (TCD/KSB/RM)	Sprint/Hurdles (MF) Distance running (TK) Discus/Shot (SJR) Long/Triple Jump (TCD/RM) Javelin (JS) Trampoline Squad (KSB)	Hurdles only (SJR) Hammer only (MF) Rounders yr8/9/10 (TCD/JS/RM)

\*PLEASE NOTE THAT ALL AFTER SCHOOL CLUBS ARE DEPENDANT ON FIXTURES THAT EVENING. PLEASE CHECK WITH THE PE DEPARTMENT ON A WEEKLY BASIS.