Congratulations to all pupils in Year 7 and 8 for your achievement points that you have earned since the start of the academic year.

House System

The Appleton School
Parent Bulletin

House System

Congratulations to all pupils in Year 7 and 8 for your achievement points that you have earned since the start of the academic year.

<table>
<thead>
<tr>
<th>House</th>
<th>Grand Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Austen</td>
<td>10153</td>
</tr>
<tr>
<td>Nightingale</td>
<td>8868</td>
</tr>
<tr>
<td>Tull</td>
<td>8255</td>
</tr>
<tr>
<td>Turing</td>
<td>10467</td>
</tr>
<tr>
<td>Grand Total</td>
<td>37743</td>
</tr>
</tbody>
</table>

Attendance & Achievement

How much does attendance impact on achievement and success?

The school’s expectation of attendance is at least 97%. The impact on good attendance on your progress is shown in the table below with 94% of students achieving their target grades at the end of year 11. The higher your attendance the best possible chance of personal success!

<table>
<thead>
<tr>
<th>Attendance %</th>
<th>Achieve expected target grades.</th>
<th>You will only achieve your target grade in:</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;80%</td>
<td>20%</td>
<td>2 of your subjects</td>
</tr>
<tr>
<td>80-84.9%</td>
<td>33%</td>
<td>3 of your subjects</td>
</tr>
<tr>
<td>85-89.9%</td>
<td>46%</td>
<td>4 of your subjects</td>
</tr>
<tr>
<td>90-91.9%</td>
<td>53%</td>
<td>You will achieve your target grade in:</td>
</tr>
<tr>
<td>92-95.9%</td>
<td>75%</td>
<td>5 out of 9 subjects</td>
</tr>
<tr>
<td>96%</td>
<td>84%</td>
<td>7 out of 9 subjects</td>
</tr>
<tr>
<td>97%</td>
<td>94%</td>
<td>8 out of 9 subjects</td>
</tr>
<tr>
<td></td>
<td></td>
<td>9 out of 9 subjects</td>
</tr>
</tbody>
</table>
Online Safety

Please follow this link for some advice on keeping your child safe online. Another link to Netware can be found here, which is a parents' guide to the social network's children use and how to keep them safe while using them.

Canteen Menu

Please see here for the latest menus.

Extra-Curricular Timetable

Please see here for the listing of all our extra-curricular clubs. We encourage all students to attend at least one.

Free Saturday Morning Sports & Social Club for Years 7,8&9

Deanes Saturday Morning Sports & Social Club

EVERY SATURDAY
10:30AM-MIDDAY
THE DEANES SPORTS CENTRE
DAWS HEATH ROAD
BENFLEET
SS7 2TD

FURTHER INFORMATION

Commencing Saturday 20th May
Open to all local children aged 11-14
Fun and informal sports activities to help increase physical activity levels, build friendships and social interaction
Refreshments included

TO BOOK A PLACE:
Email cprssp@thedeanes.essex.sch.uk with the following:
Child's Name
Child's Age
Year Group
School
Medical Details (if applicable)
Emergency Contact Number
**Year 7 Coronation Celebration & Team Building Events**

In the lead up to the Coronation, The Appleton School held a series of Coronation Team Building events for our Year 7 students on Thursday 27th April and Tuesday 2nd May 2023.

The activities and events organised ran on a carousel across the two days. The students were given the opportunity to experience a fun filled fully immersive planetarium experience called ‘The Stardome’ and participate with a Performing Arts group. As well as this a number of our own staff run team building activities such as a Duke of Edinburgh challenge and traditional British games. All of which was a suitable tribute that will stay in the memory of all those involved for many years to come.

Furthermore the school canteen also offered a traditional afternoon tea on Tuesday 2nd May. Below are just some of the pictures from the events that took place.
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Extra-Curricular

Timetable

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Polite Message from School Nurse

If your child suffers from Hayfever, please ensure they have taken their Hayfever medication before school.

Unfortunately due to the numbers of pupils requiring antihistamines I cannot supply these on a daily basis. However, if you can provide a pack of One a Day Antihistamine or a Bottle of Piriton (Chlorphenamine) I'm happy to keep this in the medical room solely for your child’s use.

Also I would like to highlight the importance of bringing a Water Bottle into school. This helps them stay hydrated throughout the day. Especially now as the weather is going to hopefully get warmer. Please note that they will have to ask to leave the room in a Science lab to take a drink due to Health and Safety legislation.

Majority of the pupils headaches and feeling sick I see here at school, is because they are dehydrated.

Thank you for your support.

Miss Sheppard
School Nurse (RGN)

Message from Student Services

If you need to collect your child during the school day please can you insure you inform student services by 8.30am either by Edulink or phone. If it is for a medical appointment please can you provide evidence.
Are you a Maths, Physics, Chemistry, Computing or MFL Undergraduate who is currently at University?

Benfleet Team Supporting All has the opportunity to offer STEM and MFL undergraduates in any year of their degree, an internship in a school during summer 2023.

This will take place from the 26th June completing 14th July. Interns will be in school from 8.15am until 4.00pm Monday to Friday and receive £300 per week.

This will suit someone with a genuine interest in a career in teaching and an enthusiasm for promoting STEM/MFL subjects in school, our internship programme is an excellent opportunity to gain first-hand experience in a school as well as a gateway into the profession.

Please contact Maxine Howard, Administrator, Benfleet Team Supporting All on 01268 794215 ext. # 210 or mhoward@theapletonschool.org for more information and an application pack.

Benfleet Team Supporting All website: http://www.btsa.uk/
The Junior Mathematical Challenge is a 60-minute, competition aimed at students across the UK. It encourages mathematical reasoning, precision of thought, and fluency in using basic mathematical techniques to solve interesting problems. The challenge is designed so that at least some questions are accessible to all but also to stretch your most enthusiastic mathematicians. Around 275,000 students in Years 7 or 8 are entered for the challenge each year.

The UKMT award the highest-scoring 40% of those entered with Gold, Silver and Bronze certificates in the ratio 1:2:3 and the highest-scoring participant in each school year is awarded a Best in Year certificate. Around 1000 high performing students from the Junior Mathematical Challenge are invited to sit the Junior Mathematical Olympiad follow-on round, with a further 8000 or so students invited to sit the Junior Kangaroo.

Congratulations go to Dylan McColl, Connor Grant and AJ Yakubu who all achieved Gold Certificates. All three students have been invited to take part in the Junior Maths Kangaroo Challenge next month. We look forward to seeing how they perform in June.

We are also pleased to announce that 7 students in Year 7 achieved a Silver Certificate. This is an amazing achievement as not many students in Year 7 sit this challenge. Sam Headley in Year 7 has achieved the “Best in Year” award as he has achieved the highest score.
Mr Archer, Head of English, asked his class to design their own Hunger Games arena and Ruth Sandoval made this amazing model which took her 3 days.

Well done Ruth!
Careers Newsletter

News Spotlight

Year 10 Jack Petchey Speakout

The Regional Finals for the Jack Petchey Speakout Challenge took place at Castle View School on 9th May. Seraha Gray was selected as The Appleton Schoo finalist following the assemblies held in April. All the finalists from Schools in the area had to stand up and deliver a 3 minute speech to a panel of judges in front of an invited audience without the use of any notes, props or aids, not an easy thing to do! Seraha delivered an impressive, confident speech and was a credit to the School, herself and her family.

Young Enterprise Company Programme

A group of Year 10 students have been busy running their own company this year as part of the Young Enterprise Company Programme. The team were selected to attend the Essex County Finals at Colchester Golf Club on 26th May. They had to write a company report that summarised their year in business, attend an interview with a panel of judges and deliver a presentation to the judges and an invited audience. They were competing against 5 other teams all of which consisted of Year 12 and 13 students from Grammar Schools across the county. However, they rose to the challenge, showing courage, confidence and determination and did exceptionally well. They were awarded Best Trade Stand and Most Innovative Company! Well done to all the students involved.

Beauty Skills Academy Workshop

During March and April The Beauty Skills Academy came into school to work with students in years 10 and 11 who are interested in careers in the beauty industry. Students got the opportunity to be creative and design their own nail art. Tutors from the Academy were extremely impressed with their creativity and artistic skills.
Events Spotlight

Careers within Mental Health Services

Find out what it’s like to work for Mental Health Services. Mid and South Essex are hosting an online webinar on Wednesday 12th July 2023 from 5.30pm to 7.30pm that will cover the following:
- An insight into the different roles within the Mental Health Service
- Network with professionals in the field
- Learn more about who the Mid Essex Integrated Care System are

Scan the QR code to find out more and sign up!

Apprenticeships with the British Army

Join Amazing Apprenticeships and the Army in upcoming webinars to gain invaluable insight into the extensive range of apprenticeships on offer, the Army Foundation College Harrogate (AFC) that caters to 16 - 17 year olds, and the application process. The first webinar takes place on Wednesday 14th June at 4pm. To register, please click here.

Youth Voice Census 2023

The annual Youth Voice Census is now available for 11-18 year olds to participate in and share their insights and experiences on a range of topics. The census is a great way to gauge the current mood of young people regarding education, employment and wellbeing. To share your views click here.

Careers in Nursing and Midwifery

Medic Mentor are hosting an online conference for students who are interested in a career in nursing and midwifery on Saturday 3rd June 2023.

There is a charge of £10 for this conference.

Click the link below to find out more:
https://alliedhealthmentor.org/national-healthcare-insight-conference/
Subject Spotlight

Maths has transformed the world many times through the ages. Mathematicians first built computers to help do sums. Now we have computers in our homes, schools, offices and cars. Search engines use mathematical principles to rapidly search global data for information on the internet. Mathematics gives people powerful, simple ways to describe, analyse and change the world around them. If you like Maths and would like to explore the wide range of careers related to the subject log into your Unifrog account and use the Careers Library to find out more!
Safeguarding—SMARTWATCHES

10 top tips for safely using SMARTWATCHES

1. Avoid cheap options — look for reputable brands and ensure the device is appropriate for children.
2. Track its location — use the built-in tracking feature to monitor the child's whereabouts.
3. Beware hidden costs — some models may incur additional charges for data usage.
4. Enable family sharing — allow multiple users to access and manage the child's device.
5. Be mindful of bedtime — set limits on screen time and ensure the device is not used during sleep.
6. Keep your child's safety first — monitor their activity and settings to ensure they are being used securely.
7. Store medical info — include emergency contact information and medical details.
8. Use them as motivation — set achievable goals and encourage healthy activity.
9. Make them cool for school — choose a model that aligns with your child's interests and preferences.
10. Meet Our Expert — learn more about national online safety guidelines and best practices.
What Parents & Carers Need to Know about TELEGRAM

**WHAT ARE THE RISKS?**

**LACK OF AGE RESTRICTION**

Telegram has a 17+ age restriction. Only those aged 17 and over can create accounts and download the app. Once users turn 17, they can access all features. However, children under 17 can still use Telegram without an account, which means there’s an inherent risk associated with their virtual interactions and no way to confirm their identity.

**POSIBLE CYBERBULLYING**

Bystanders can use Telegram, often unintentionally, to spread misinformation or bully others. These groups are hard to identify and monitor, making it difficult for parents to monitor or remove their children from these groups.

**UNMODERATED CONTENT**

Telegram is a peer-to-peer messaging platform with minimal moderation. This means users can post any content, including sensitive or inappropriate material, which can have serious implications for children.

**PRIVACY CONTROLS**

If your child wants to use Telegram, ensure that privacy controls are set correctly, such as avoiding the use of end-to-end encryption, which can be off-putting for children. If a parent wants to monitor their child’s use of the platform, they need to set up additional privacy controls.

**ADVICE FOR PARENTS & CARERS**

- **DISCUSS SECURITY**
  - It's important that your child understands the risks of sharing personal information on platforms like Telegram. Make sure to discuss the benefits and drawbacks of using Telegram with your child.
- **USE THE BLOCK FUNCTION**
  - Users can block apps, accounts, or groups they no longer want to interact with. This is important for protecting your child from unwanted interactions.
- **PROTECT PAYMENT METHODS**
  - Apple and Google’s apps allow for partial sharing options, but it’s still important to monitor your child’s spending. Encourage them to set limits on their spending and to report any unusual activity.

Meet Our Expert

Get in touch with our experts to learn more about the risks and benefits of using Telegram. We are here to help you navigate these challenges and keep your child safe online.
Looking After Your WELLBEING ONLINE

We all know that taking care of our minds and bodies is essential to keep us feeling happy and healthy. The thing is, we spend so much of our time online these days, that it’s also important that we remember to look after ourselves in the digital world, too. Our poster has got some simple but useful tips for supporting your wellbeing while you're gaming, on social media or just using the internet.

- Take care what you share!
- Check your privacy settings
- Avoid comparing yourself to others
- Report inappropriate content
- Pause before you post
- Speak up against harmful behaviour
- Take breaks
- Track your screen time
- Go tech free before bed
- Stay active offline
- Look for positive communities

Safeguarding—WELLBEING ONLINE

@national_online_safety / Facebook: NationalOnlineSafety / Instagram: national_onlinesafety / Twitter: national_online_safety

ECC LIBRARIES VOLUNTEER FOR AGES 14+

As you may know, every year the Essex Library Service works with The Reading Agency to run the Summer Reading Challenge in our libraries, with the help of some amazing volunteers.

We have a fantastic opportunity for your students and staff to come and volunteer with us to help run the scheme again this year! Throughout the Summer Holidays, volunteers will come to a library of their choice and speak to children participating in the challenge about the books they read, giving out rewards as they go along.

This is a fantastic opportunity for your students aged 14+ to boost their CV, enhance their social skills, or complete the volunteering section of their Duke of Edinburgh Award, all whilst having fun and helping out the local community! We provide ongoing support to our volunteers throughout the summer to make sure that the experience is enjoyable and worthwhile.

We’d love for your students and staff to come and volunteer with us this summer!


You can learn more about this year’s Summer Reading Challenge here: [https://libraries.essex.gov.uk/news/summer-reading-challenge-2023](https://libraries.essex.gov.uk/news/summer-reading-challenge-2023)
UK CHESS CHALLENGE

UK Chess Challenge (UKCC) is the largest chess competition in the UK – for young players of all ages and abilities. It is one of the most prestigious junior chess events in the world.

I am delighted to inform you that this year Essex Mega-final are organising a UKCC Mega-final in Essex. It will take place at Colchester Town Hall on Sunday, 21 May 2023. The event is supported by Essex Junior Chess Association.

It’s an excellent opportunity for Essex junior players to qualify for the later stages without travelling to other counties. Besides qualifications, there will be trophies and medals to win for each age year group.

Please help us spread the news among your school pupils by publishing it on your school website and/or weekly newsletter. Please see attached the tournament flyer.
Summer Term Dates

29th May – 2nd June  Half Term
Thursday 20th July  Last day of term

GCSE Revision Resources

We have provided a wide range of resources to aid your son/daughter when it comes to their revision for each of their examination subjects.

http://www.theappletonschool.org/students/revision-resources

A-Level Revision Resources

We have provided a wide range of resources to aid your son/daughter when it comes to their revision for each of their examination subjects.

http://www.theappletonschool.org/sixth-form/student-life/ks5-resources