Congratulations to all pupils in Year 7 and 8 for your achievement points that you have earned since the start of the academic year.

House System

How much does attendance impact on achievement and success?

The school's expectation of attendance is at least 97%. The impact on good attendance on your progress is shown in the table below with 94% of students achieving their target grades at the end of year 11. The higher your attendance the best possible chance of personal success!

<table>
<thead>
<tr>
<th>Attendance %</th>
<th>Achieve expected target grades</th>
<th>You will only achieve your target grade in:</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;80%</td>
<td>20%</td>
<td>2 of your subjects</td>
</tr>
<tr>
<td>80-84.9%</td>
<td>33%</td>
<td>3 of your subjects</td>
</tr>
<tr>
<td>85-89.9%</td>
<td>46%</td>
<td>4 of your subjects</td>
</tr>
<tr>
<td>90-91.9%</td>
<td>53%</td>
<td>You will achieve your target grade in:</td>
</tr>
<tr>
<td>92-95.9%</td>
<td>75%</td>
<td>5 out of 9 subjects</td>
</tr>
<tr>
<td>96%</td>
<td>84%</td>
<td>7 out of 9 subjects</td>
</tr>
<tr>
<td>97%</td>
<td>94%</td>
<td>9 out of 9 subjects</td>
</tr>
</tbody>
</table>
On Thursday, Mrs Levey and Mrs Hickey took six students to visit Goldenley Care Home. This is a care home local to our school, who we established close links with during the lockdown - through our English department, students created and wrote personalised Christmas letters to each of the residents, and this is something we have continued ever since. We were invited to Goldenley to celebrate the opening of their "Tiki Garden", which was opened by our local Mayoress.

The students were a credit to our school. They enjoyed speaking to the residents and hearing their stories. Our students were wonderful with the residents and made us very proud.

You can also see pictured one of the art murals on the garden wall, which was painted by Keira Hume in Year 9.
Polite Message from School Nurse

If your child suffers from Hayfever, please ensure they have taken their Hayfever medication before school.

Unfortunately due to the numbers of pupils requiring antihistamines I cannot supply these on a daily basis. However, if you can provide a pack of One a Day Antihistamine or a Bottle of Piriton (Chlorphenamine) I’m happy to keep this in the medical room solely for your child’s use.

Also I would like to highlight the importance of bringing a Water Bottle into school. This helps them stay hydrated throughout the day. Especially now as the weather is going to hopefully get warmer. Please note that they will have to ask to leave the room in a Science lab to take a drink due to Health and Safety legislation.

Majority of the pupils headaches and feeling sick I see here at school, is because they are dehydrated.

Thank you for your support.

Miss Sheppard
School Nurse (RGN)

Message from Student Services

If you need to collect your child during the school day please can you insure you inform student services by 8.30am either by Edulink or phone. If it is for a medical appointment please can you provide evidence.

Industrial Action Days

A letter has gone home indicating our plans for the Industrial Action Days, please read this carefully and if you are a critical worker there is a link on the letter to sign up your child to attend school.

For your reference the Industrial Action will be Wednesday 5th July and Friday 7th July
School Production – The Wizard of OZ

We are excited to announce our School Production of ‘The Wizard of Oz’ will be running on Thursday 13th, Friday 14th and Saturday 15th July 2023.

Tickets will be available to be purchased via Parent Mail from Monday 19th June 2023. Adult tickets cost £6 and Concession tickets (under 18s and OAP) cost £3.

Tickets will remain on sale until Friday 7th July 2023 after which tickets will be distributed via pupils.

On the evening of the performance, doors will open at 7 pm where you will have the opportunity to purchase refreshments before the show. The show will begin promptly at 7.30 pm.

We look forward to seeing you there.

The Performing Arts Team
Online Safety

Please follow this link for some advice on keeping your child safe online. Another link to Netware can be found here, which is a parents’ guide to the social network’s children use and how to keep them safe while using them.

Canteen Menu

Please see here for the latest menus.

Extra-Curricular Timetable

Please see here for the listing of all our extra-curricular clubs. We encourage all students to attend at least one.

ESSEX AUTISM PROJECT

KIDS is working with the NHS in Essex to create an exciting new support service for young autistic people and their families. We’ll be working hand-in-hand with young people, families, and community groups across Essex, Southend and Thurrock over the coming year to create a service that works for everyone.

Over the next 12 months we want to work with young people and families all over Essex to coproduce an engaging accessible website and support webinars created by and for people with lived experience and we need your help!

Want to join us or find out more?

Are you an autistic young person? Or a family member or local organisation working with autistic young people or their families? We would love for you to be involved.

Call us and leave a message on 01206 414 934
Text us on 07361 587 876 or visit www.kids.org.uk/essexautism
And we will be in touch with more details
Project branding experience for a young Canvey resident

Essex County Council are seeking a young person living on Canvey to brand and shape a new Essex-wide youth movement. The 16-25-year-old will use their social media and networking skills to help other young people with their next life and career steps.

The lucky young person will receive free access to a business mentor and professional social media training. Travel costs will be covered and there will be help with access to devices if necessary. This is an opportunity to gain experience while also making a difference to other people’s lives.

Find a flyer attached with further details. To become an Essex Hero contact Louise.Fry@essex.gov.uk

Email Louise.Fry@essex.gov.uk or call 03330 322591

School Uniform / Recycle & Save The Planet

Do you have any good quality Appleton School uniform or PE Kit to donate?

All uniform items are welcome, but please ensure they are clean and in good condition.

Please can you send it in with your child or place in the uniform box that is located in our Reception

Thank you for your continued support.
Events Spotlight

Final Checks Academy

Final Checks Make-Up Academy are holding an Open Day on Wednesday 5th July 2023 from 12 to 8.00pm. Final Checks specialise in TV, Film and Fashion.

Throughout the day there will be 3 FREE workshops:
1pm - Dalli Glam from BBC Glow Up
430pm - Robbie Drake - Prosthetics
6pm - Yong-Chin Winner of BBC Glow Up

The entire team will be there on the day answering any questions you may have.

To find out more and reserve a space go to:
https://www.finalcheck.academy/product/open-day/

Yellow Door Careers Fair and Holiday Club

Yellow Door on Canvey Island are hosting a Careers Fair for young people in the local area on Saturday 5th August 2023 from 11am to 6pm. The aim is to inspire and empower young people to realise their potential and explore local opportunities.

They are also now taking bookings for their Holiday Club. These are free sessions for young people to attend who are eligible for Free School Meals aged 11 to 16 years. To find out more and book a space go to:
https://www.canveyislandyouthproject.org.uk/activate-holiday-club/

There are limited spaces so booking in advance is essential. Please contact Yellow Door for more information.
Subject Spotlight

Psychology can answer many questions about how people behave and why. Did you wonder why everyone seemed to be buying toilet paper during Covid? Or maybe you want to understand why some people are terrified of spiders, while others are scared of heights?

There are many career paths that you could follow. As a Psychologist you could choose to specialise in sports and performance psychology or you might choose to work as a Clinical Psychologist. You could also work for the military or MI5 or become a Child Play Therapist. Go to your Unifrog account to find out more.

**DID YOU KNOW THAT PSYCHOLOGY CAN LEAD TO ...**

**Jobs**
- Clinical psychologist
- Counselling psychologist
- Educational psychologist
- Forensic psychologist
- Health psychologist
- High intensity therapist
- Occupational psychologist
- Advice worker
- Careers adviser
- Counsellor
- Detective

“Studying psychology gives you a broad range of skills that span both science and the arts and opens up opportunities with a variety of employers”

**Skills**
- Written and verbal communication
- Report writing and presentation
- Information technology
- Handling of data and statistics
- Analytical research
- Problem solving
- Team work
- Reasoned approach

**Higher Education**
- BSc (Hons) in Psychology
- BSc (Hons) in Geology and Psychology
- BSc (Hons) in Early Childhood Studies
- BSc (Hons) in Criminology and Psychology
- BA (Hons) in Psychology and Human Resource
- BA (Hons) in Education and Psychology
- BA (Hons) in Psychology and Philosophy
- BSc (Hons) in Psychology of Sport
- BSc (Hons) in Psychology and Counselling
Safeguarding—AMINO

What Parents & Carers Need to Know about AMINO

Amino is a social media platform offering a large group of subcommunities under one digital roof. It was launched on the online version of a ComponentFixture where fans gather to celebrate a shared interest like comic books or film. While many such platforms are harmless spaces for devotées of a certain TV show or video game to congregate, there are still some aspects that unsolved adults should be aware of. With a focus on sharing user-generated content, the idea of Amino is for users to communicate with others at their disposal. - but even that can create plenty of hazard.

MODERATION GAPS

Amino has a 12+ classification in the App Store and Google Play, meaning it’s safe for younger users, but moderation is an issue. Amino’s platform is as little as its moderation is tight-knit. The potential for more unsavory content to reach younger users exists, and it’s up to parents to supervise their child’s online activity. Parents should be aware of the risks presented by Amino.

UNSCHEDULED CONTENT

The content shared on Amino is often shared by other users. That content, then, can be shared and receive comments on by others. The lack of any regulation that the platform provides leaves users exposed to dangerous content being shared by others. While effort is made to keep inappropriate content from reaching younger users, not all adult content is properly moderated, so parents should check their child’s online activity.

INAPPROPRIATE IMAGES

Like most social media, Amino offers easy sharing of images. Images are generally shared by others, but the sharing of inappropriate images looks even worse when shared by a younger person. Not all adult content is appropriately moderated, so parents should check their child’s online activity.

TALK ABOUT IT

If your child is old enough and chooses to download and use Amino, it’s probably wise to remind them of some online safety basics—such as not sharing personal information. Instruct your child to always use their best judgment and to be aware of their surroundings. Encourage them to speak up if they feel uncomfortable.

STAY UPDATED

Ensure your child knows to report any upsetting or worrying online content they might see for your advice or yours. Let them know which content they should join Amino. Let them know if there’s anything inappropriate or disturbing. Stay informed about Amino’s terms and conditions and ensure your child is aware of any changes.

MEMBERSHIP MEDICATION

If your child needs to join Amino membership but you’re not comfortable with that, be prepared to explain your decision in depth. Younger users’ terms of service can sometimes be unclear. Instruct your child to be aware of their surroundings and to report any concerning content.

MONITOR SCREEN TIME

If your child already uses Amino, you might want to consider setting parental controls such as Amino’s privacy options. You can restrict access to certain age groups or block inappropriate content. If you’re using a different device, you can set up parental controls.

Meet Our Expert

Lloyd, Anna Lloyd, is a crime fighter who exposed a dangerous platform. She has been featured in a number of books and has a personal connection to the matter. Her studies have shown that Amino is a dangerous platform, leading to the donation of over £10k in the last year. Her expertise is in understanding online safety and she is the perfect expert to lead this article.
ECC LIBRARIES VOLUNTEER FOR AGES 14 +

As you may know, every year the Essex Library Service works with The Reading Agency to run the Summer Reading Challenge in our libraries, with the help of some amazing volunteers.

We have a fantastic opportunity for your students and staff to come and volunteer with us to help run the scheme again this year! Throughout the Summer Holidays, volunteers will come to a library of their choice and speak to children participating in the challenge about the books they read, giving out rewards as they go along.

This is a fantastic opportunity for your students aged 14+ to boost their CV, enhance their social skills, or complete the volunteering section of their Duke of Edinburgh Award, all whilst having fun and helping out the local community! We provide ongoing support to our volunteers throughout the summer to make sure that the experience is enjoyable and worthwhile.

We'd love for your students and staff to come and volunteer with us this summer!

You can find more information about volunteering with us, and details of how to apply, on our website here: https://libraries.essex.gov.uk/news/volunteer-to-help-with-the-summer-reading-challenge

You can learn more about this year’s Summer Reading Challenge here: https://libraries.essex.gov.uk/news/summer-reading-challenge-2023
Summer holidays – Parents guide to help keep children safe online

School’s out for summer!

It’s always best to be prepared

During the summer holidays, without the distraction of school, internet usage for many young people can increase all the way up to September. This guide is designed to help parents with a realistic approach to help keep their children safe when using the internet, social media and playing online games. Please click on each image below for more information.

A Parent’s Guide to Social Media
A Parent’s Guide to Sharing Pictures
A Parent’s Guide to Gaming
A Parent’s Guide to Live Streaming
A Parent’s Guide to Online Grooming
A Parent’s Guide to Online Influencers
A Parent’s Guide to Fake News
A Parent’s Guide to Privacy Settings

Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school if you would like to attend a parents internet safety workshop or have any concerns.

Schools please contact us if you would like a SKIPS Safety Net session delivered to your parent groups or staff.

Developed in partnership with

Skips Educational
Web: www.skipssafetynet.org 142 Newton Road
Email: info@skips.com Great Barr
Tel: +44 121 227 1941 Birmingham B43 6BT


Keeping children safe online www.skipssafetynet.org
YOUTH SERVICE - RAWR

READ. AND WRITE. A. REVIEW

RAWR

Enter to win a brand new Kindle

WHEN IS RAWR LAUNCHING?

RAWR will officially start on the 1st of June and end on the 1st of July 2023.

The competition is to read a book or an ebook / audiobook of your choice and write a review about it. The review can be a rap, a song, a comic, a written review, a physical review and much more. When it is completed please send it to YEA@essex.gov.uk when the competition is launched.

For your chance to win a brand new Kindle!

Anyone from Essex Aged 11-19 can participate, or 11 - 25 with special educational needs!

To find out more scan the QR Code or visit the Youth Service website:

Youth.essex.gov.uk/young-people/young-essex-assembly/the-young-essex-assembly-rawr/

3 winners will be picked each receiving a Kindle!

There will also be gift cards up for grabs!
Could You Volunteer For Us?

WE ARE RECRUITING NOW, FOR MORE PEOPLE TO JOIN OUR CARING BEFRIENDING TEAM.

COULD YOU SPARE ANY TIME TO HELP CHANGE SOMEONE’S LIFE FOR THE BETTER?

PLEASE CONTACT US FOR FURTHER DETAILS.

01268 214 000
VOLUNTEERING@CAVSORG.UK
WWW.CAVSORG.UK/VOLUNTEERING

#VolunteersWeek

www.cavsorg.uk | 01268 214 000 | volunteering@cavsorg.uk
CAVS Castle Point Association Of Voluntary Services
Registered Charity: 1103968
Summer Term Dates

Thursday 20th July  Last day of term

GCSE Revision Resources

We have provided a wide range of resources to aid your son/daughter when it comes to their revision for each of their examination subjects.

http://www.theappletonschool.org/students/revision-resources

A-Level Revision Resources

We have provided a wide range of resources to aid your son/daughter when it comes to their revision for each of their examination subjects.

http://www.theappletonschool.org/sixth-form/student-life/ks5-resources