



June 2025

Dear Parent/Carer,

We have been informed that a number of children who attend The Appleton School have been diagnosed with suspected impetigo.

Impetigo is a skin infection that's very contagious but not normally serious. It is more common in young children but anyone can contract this. With treatment impetigo often gets better in a few days.

Symptoms of impetigo can be the following:

- Red sores or blisters these may be harder to see on darker skin tones
- The sores or blisters can also burst and leave a crusty golden-brown patches
- The skin can look like cornflakes stuck to your skin
- They can also get bigger and spread to other parts of the body
- These can also be itchy and sometimes can cause pain

If you think you, or your child, have impetigo:

- see your GP or contact NHS 111 as soon as possible
- make sure that you/your child takes the full course of any antibiotics prescribed by the doctor.
- stay at home, away from school for **at least 48 hours after starting the antibiotic treatment**, to avoid spreading the infection.

This is in line with the NHS guidelines.

If your child has an underlying condition which affects their immune system, you should contact your GP or hospital doctor to discuss whether any additional measures are needed.

Yours sincerely,

Ms C Bronze
School Nurse

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